

Lake Highlands High School

Track & Field (M)

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## 2026 Football LINE ACADEMY 4 - 9

Our LINEMAN ACADEMY CAMP is designed for beginner - intermediate players to learn offense + defense essential stance, balance, and posture fundamentals in order to play both sides of the ball. Instructed by the Lake Highlands Coaching Staff and former players, participants will simulate offensive line blocking as well as defensive line block engagement. They will also develop and drill proper hand/foot placement to encourage safe play and injury prevention. Per UIL, participants may only attend a max of 2 football camps per summer.

**Camp Start Date:** June 15, 2026

**Start Time:** 3:00:00 PM

**Camp End Date:** June 19, 2026

**End Time:** 5:00:00 PM

**Date Details:** Incoming 4th - 9th grades

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**Venue Name:** LHHS MAC

**Venue Address:** 9449 Church Rd, Dallas, TX 75238

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**Camp Cost:** \$110.00

**Questions:** Nathan Hattemer [nathan.hattemer@risd.org](mailto:nathan.hattemer@risd.org)

**Special Notes:**

Friday, Day 5, is 8:00 - 10:00AM. Please have your camper wear mouth guard + athletic clothes/cleats and bring water labeled with the participant's name.

**Medical Info:**

I acknowledge that my child is physically able to participate and I hereby authorize the camp directors to act for me according to their best judgement in any emergency requiring medical attention. I release RISD, Lake Highlands High School, and all personnel associated from any liability associated with sickness or injury during specified camp hours. This camp is not sponsored nor endorsed by RISD. All COVID guidelines in place at the time of this camp will be followed.